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# Azorean Cooking; From My Table To Yours



## Synopsis

Maria Lawton, known as the "Azorean Green Bean," is proud to announce the arrival of her debut cookbook, "Azorean Cooking: From My Family Table to Yours," a collection of more than 50 recipes that celebrates the traditions of Azorean cooking, culture, and family. "For more than four years, I have made it my mission to preserve my family recipes," said Lawton. "At first, I just wanted to make sure they would be passed down to my children and future generations - but now, I want to share them with everyone who might miss their Azorean mother or grandmother's cooking, or whoever wants to know how to recreate the tastes and smells of the past. This has been a wonderful journey home for me, and I hope this helps others on their journey, too." In the book, Lawton shares powerful memories of her family and cooking experiences as she walks readers through an array of recipes.

## Book Information

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## Customer Reviews

I was very excited to learn the GreenBean decided to publish her recipes. I love authentic family recipes and this cookbook did not disappoint. It's very clear that a lot of research and thought went

in to putting this collection together and the personal stories and acknowledgements added a fun perspective to the recipes. To the person who suggests not buying this book because the recipes can be found on Facebook, DO NOT take their recommendation seriously. Its absurd to assume everyone has a Facebook account, and considering the fact that the GreenBean also offers her recipes for free, really speaks volumes about the type of person she is. I am happy to support someone who is willing to give back to the cooking-community and spend a few dollars to adding this cookbook to my collection. Thank you GreenBean and I sincerely hope this is only volume 1 and there are many more to come.

When I consider purchasing a cookbook, I look for good recipes and accompanying photos. This one has all that and more. As well as wonderful recipes, the photos are gorgeous and there are lovely and personal back stories for every dish. Well worth the purchase price.

Maria brings the tasty Azorean recipes o all of us who grew up with this style of food. It brought back so many memories of the dishes my grandmother, my parents and my aunts made when I was a girl. I loved her stories of her family and the details behind her recipes. If you or any of your family loves Portuguese food, especially from the Azores, get this book. It is easy to follow and the food is delicious!!! Bem aproveito!

Great recipes and well laid out. As i am portuguese the bar of expectation was set high but this book brought me back to my childhood, loved it so much i have bought 2 one for me and gifted one for friends.

This is a wonderful cookbook with not only recipes of many of the dishes my mom made but beautiful pictures of the island. My mom's generation never wrote anything down, they just knew how to cook and bake. I just gave my great niece this cookbook so that she can see and try many of the recipes her Avo made but also relive the wonderful trip we had to the Azores including San Miguel.

If your Portuguese and you love your mothers cooking well here's the book for you. She cooks like my mom and her recipes are easy to do. My mother in law loved this book I actually gave it to her then had to order another for myself. Maria lives locally so I've seen her at book signings and she's the nicest person ever.

There is always a connection when people share recipes, and so it is with this cookbook. I am excited to explore Azorean cooking.

This is more than a cookbook. It is a delightful reading experience filled with excellent recipes and with warmth of the author's personal experiences and memories. As I read the stories, my mind took me back to my own childhood watching my mother cook many of the same recipes --- the smells, the sharing, the love. Thank you Ms. Lawton for bringing back some beautiful memories. I shall buy this book for my sisters, my own children, and do my best to recreate some of those wonderful days and share in the richness of our traditions and heritage.

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